



Carlisle Gazette

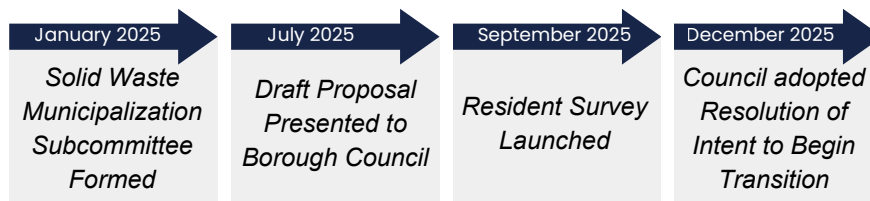
Fall 2026 Edition



Transition to In-House Solid Waste Program On Track

The Borough's plan to bring solid waste and recycling operations in-house continues, and the program is on track to begin January 1, 2028.

Timeline to Date



Staffing Plan

The original 12-employee organizational structure remains the same. The plan includes an operations manager, four drivers, six loaders, and one hybrid driver/loader. The staffing model is built with redundancies to ensure service is uninterrupted during planned or unexpected absences. Hiring for these positions is expected to be finalized by the fall of 2027 to allow for adequate training time.

Vehicles

The subcommittee has updated its fleet strategy to go with a "split fleet" approach consisting of three 27-yard units (one for trash, one for recycling, and one backup) and two 20-yard units (one for trash and one for recycling). The smaller units will be able to better maneuver the narrower Borough streets.

The price of the model vehicles we are procuring will increase in 2027, so staff is recommending that the Borough order these vehicles by August of 2026. As of the printing of this publication, Borough Council was scheduled to vote on this purchase at its August 13 meeting.

Containers and Storage Infrastructure

The program, as designed, requires all customers to use standardized, rear-loader-compatible trash and recycling containers. The original plan estimated purchasing 12,000 containers, as well as constructing a prefabricated building at the Public Works Garage for vehicle storage and ventilation.

To help reduce costs, the Borough is negotiating with its current provider to retain the existing curbside recycling containers.

Disposal & Recycling Facilities

Moving solid waste collection in-house means the Borough must have facilities where collected materials can be disposed of or processed. Recyclable materials must be taken to a specialized facility for proper processing. The Borough has spoken with the Penn Waste Materials Recovery Facility, and they have confirmed that the vehicles we plan to purchase will be compatible with its operations. Formal contract negotiations with the facility are expected to begin in 2027.

Continued on Page 2



For trash disposal, Borough staff have scheduled an on-site meeting with the Cumberland County Landfill to discuss logistics and potential contract terms.

Market Conditions

The Borough continues to monitor the solid waste and recycling contract rates of our neighboring municipalities. Most saw increases of 6% to 24% when negotiating new contracts. North Middleton Township did see a decrease of 14%, in part due to a shift from a manual collection model to a standardized system, which reduced the number of loaders needed and the amount of trash collected, resulting in lower tipping fees. Lemoyne Borough secured a rate decrease by switching to a new service provider.

We envision that our transition to an in-house system should provide residents consistent service delivery at an affordable cost.

Municipality	Status	Rate / Contract Change
North Middleton Twp	Decrease	14% Reduction (Due to shift in collection method, resulting in less trash collected)
Lemoyne Borough	Decrease	\$6.00 reduction (Due to change in provider)
Camp Hill Borough	Increase	6% YoY Increase
South Middleton Twp	Increase	4% Increase
Lower Paxton Twp	Increase	10% Increase
Shippensburg & Newville	Increase	24% Increase

Next Steps

As of the printing of this publication, Borough Council is scheduled to consider purchasing the necessary vehicles and approving the proposed loan structure at its August 13 meeting. We will continue to provide updates throughout this transition. Visit www.carlislepa.org/solid_waste for the latest news.

East High Street Water Main Replacement Project

The Borough of Carlisle's water distribution system includes approximately 77 miles of water mains, many of which are nearing or have exceeded their expected service life. To address this aging infrastructure, the Borough prioritizes water main replacements and aims to replace one to two miles of water main each year. In 2026, 55% of the Water Fund Budget is dedicated to capital improvement projects, including water main rehabilitation and replacement.



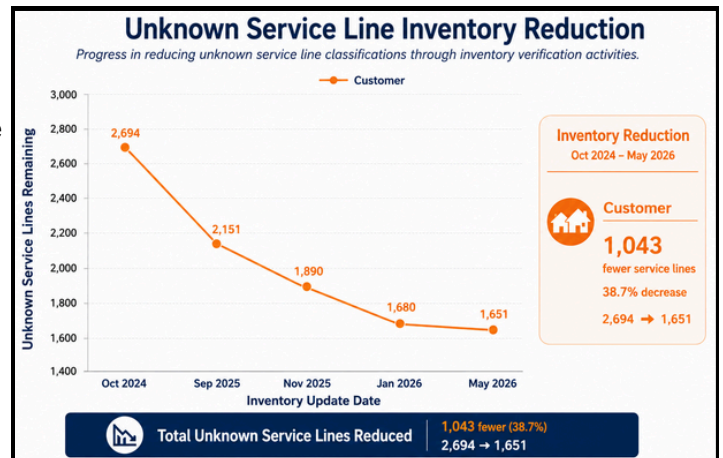
This year's project began in June and focuses on East High Street, where approximately 1,450 linear feet of aging 4-inch cast iron water main will be replaced. Older fire hydrants will also be upgraded, water services will be transferred to a nearby 16-inch main, and any lead or galvanized service lines encountered will be replaced.

The project is being coordinated with PennDOT's planned resurfacing of East High Street and York Road so the underground work can be completed before paving, avoiding future road cuts and maximizing the value of both projects. PennDOT has not yet announced a start date for its paving project.

Water Service Line Inventory Update

Thank you to everyone who has submitted their water service line information. We are making progress on reducing the number of unknown service lines in our database. The inventory is part of a U.S. Environmental Protection Agency (EPA) requirement to determine where lead pipes still exist. Any lead and galvanized steel service lines identified during the inventory process, as well as service lines of unknown material, must be replaced between 2028 and 2037.

We still have over 1,650 unknowns remaining in our database, so we need your help. If you've gotten a notice in the mail or a door hanger at your front door, we need to hear from you. If you received the letter and previously submitted a survey, it may be because no photograph was included, the survey was incomplete, the submission was lost in the mail, or contact information was not submitted or was incorrect.



HELP!

If you received a notice, we need your help!

Under current DEP regulations, customers will continue to receive notices until the Borough has the information needed to confirm the service line material!

If you received a notice, please contact us at 717-240-6991 or scrawshaw@carlislepa.org so we can:

- Confirm that your submission was received
- Confirm that prior survey submissions included all necessary information and photographs to update our inventory map
- Assist with identifying service line material for those who need help doing so

You can also scan the QR Code to submit your information online.



Compost Facility Hours

The Borough's Post Road Compost Facility continues to operate under its Spring/Summer hours through Saturday, August 30.

Spring/Summer Hours

Wednesday: Noon to 8 p.m.

Thursday: 7 a.m. to 3:30 p.m.

Saturday: 7 a.m. to 3:30 p.m.

Fall Hours begin on September 3

Wednesday: 9:30 a.m. to 5:30 p.m.

Thursday: 7 a.m. to 3:30 p.m.

Saturday: 7 a.m. to 3:30 p.m.



Borough residents can use the site to drop off leaf and yard waste and pick up mulch. Loading assistance is available on the second Saturday of every month from 7 a.m. to 11 a.m.

Community Input Helps Shape Active Transportation Plan

Draft Plan Expected by December 2026

Work continues on Carlisle Borough's first-ever Active Transportation Plan. In August 2023, Carlisle Borough Council passed a resolution in support of Vision Zero, a strategy to eliminate all traffic fatalities and severe injuries while increasing safe, healthy, and equitable mobility for all.

The resolution calls for an Active Transportation Plan to be developed by 2027. The plan focuses on infrastructure improvements to make non-motorized transportation (e.g., walking, bicycling, and rolling) safe, convenient, and accessible for all users.

What is Active Transportation?



Active transportation refers to ways of getting around that are fully or partially people-powered.

Walking, bicycles, electric bikes, wheelchairs, scooters, and skateboards are all considered active transportation.



A series of public meetings was held earlier this year to allow residents, community partners, and stakeholders to review crash data, discuss safety trends, and learn about potential street design improvements.

The final meeting was an interactive workshop where residents worked in small groups to map trouble spots for bicyclists, pedestrians, and other active transportation users while sharing ideas for making these areas safer and more accessible.

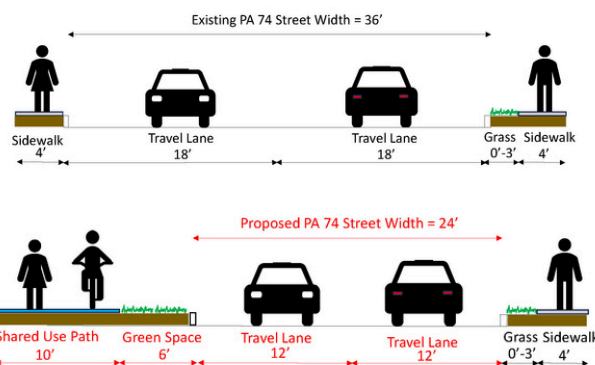
The feedback gathered during these meetings will play an important role in shaping the Active Transportation Plan. Staff will analyze the data collected and use it to refine the plan's goals. A draft plan is anticipated to be presented to Council in late fall, with a possible approval vote in December.

Creating Safer Routes to Schools

The Borough of Carlisle has been awarded \$989,000 through PennDOT's Transportation Alternatives Set-Aside (TASA) Program to complete Phase Two of the Carlisle Route 74 School Zone Shared-Use Path Project.

Following Phase One, which improves the corridor between C Street and Cherry Street, Phase Two will extend the shared-use path from the Carlisle Area School District property line to Bellaire Drive and from Ash Avenue to Cherry Street.

The project, a partnership with the Carlisle Area School District, will improve pedestrian and bicycle safety with ADA-compliant pedestrian facilities, upgraded sidewalks and crosswalks, a shared-use path, and protected bike lanes.



LEAD PEDESTRIAN INTERVAL

Have you ever been sitting at a stoplight and wondered why the light didn't turn green immediately?

That brief delay is intentional. Several key intersections in the Borough use a safety feature called a **Lead Pedestrian Interval (LPI)**. An LPI gives people walking a few extra seconds to enter the crosswalk before drivers receive a green light.

SAFETY BENEFITS OF LPIs

Improves Visibility

Pedestrians are already in the crosswalk when vehicles get a green light, making them easier to see.

Reduces Turning Conflicts

Helps reduce crashes between people crossing and drivers making left or right turns.

Supports All Users

Provides extra crossing confidence for children, older adults, and people with disabilities.



Carlisle's Bicycle & Pedestrian Trail Network



Carlisle is home to a 15-mile network of trails perfect for biking, running, and walking. Our Bicycle and Pedestrian Trail network includes both on- and off-road trails that connect our parks, schools, and Downtown Carlisle! Start at any one of our parks and follow the Trail & Bike Routes to explore the network. Trail maps are available online and at the Stuart Community Center at 415 Franklin Street.



Bike Rodeo

(Ages 8-12)

Join Parks & Recreation for a fun and interactive Bike Rodeo Class designed to teach kids essential biking skills! This class includes skill-building activities like obstacle courses and hand-signal practice.

Participants should bring a bike and helmet.

The course is \$5 for residents and \$6 for non-residents. Visit www.carlislepa.org/register to sign up!



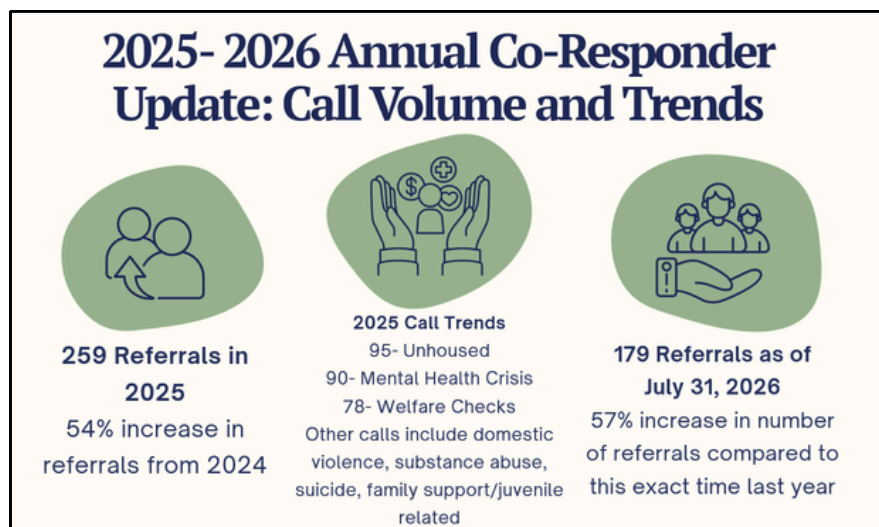
Saturday, October 17 @ 10 a.m.
Valley Meadows Park, 203 Meadow Blvd.

Checking in With Our Co-Responders

“We are the ones that are connecting people to the next steps – holding their hands, getting them connected to [resources], sitting with the children in crisis, sitting with the families in crisis. And it doesn’t stop there. We are in a position to stick around and work with the families ... to make sure they’re getting everything they need.”

Since March of 2024, our Community Co-Responder program has provided compassionate, on-the-ground support for Borough residents experiencing crises, such as mental illness, substance use disorder, housing insecurity, and financial insecurity.

Co-Responders Luray Schlegel and Jay Leader serve as advocates for individuals, connecting them to resources and services and providing follow-up. The program began with Luray as the sole Co-Responder, with Jay coming on board part-time in the summer of 2025. The program has received over 500 unique referrals since its inception in 2024 and has seen an increase over the last two years. In 2025, they received 259 referrals, and as of July 31, 2026 had received 179 referrals. The majority of the referrals are for unhoused individuals and those experiencing a mental health crisis.



The Community Co-Responder Program focuses on de-escalation, active listening, and relationship-building. Sometimes that means sitting down with someone to talk through coping skills or even taking a walk with them to help calm a difficult situation. Luray and Jay work to divert individuals away from situations that could result in emergency room visits, jail stays, and involuntary commitments whenever possible by quickly connecting them to appropriate local and county resources.

At a Borough Council meeting earlier this year, Luray and Jay shared some success stories, including one of a veteran who had stopped attending appointments and was struggling financially and mentally. Through ongoing engagement, Luray helped this individual secure food, clothing, and utility assistance, and she assisted with transportation and scheduling to make sure they attended the appointments necessary to receive their VA benefits. They were ultimately able to obtain back pay and a stable monthly income.

“It’s rewarding to see,” Luray said. “Not giving up on an individual and being persistent to see that there is light at the end of the tunnel.”

Contact Information:

Luray Schlegel: lschlegel@carlislepa.org, 717-906-6069

Jay Leader: jleader@carlislepa.org, 717-636-6048

Rain Gardens: Capturing and Cleaning the Borough's Stormwater

If you start at the roundabout on Fairground Avenue and stroll along B Street toward College Street, you'll notice 19 large in-ground planters along the street and at several intersections. These are some of the Borough's rain gardens, which capture stormwater from nearby roofs, parking lots, sidewalks, and streets.

Stormwater can carry sediment, trash, leaves, and other pollutants that negatively affect local water quality. Rain gardens help filter out these materials before the water enters the Borough's storm drain system. The stormwater slowly filters through the soil and gravel in the rain gardens before flowing into an underdrain pipe at the bottom of each garden and returning to the storm drain system.



Butterfly Weed is an essential host and nectar plant for monarch butterflies.



The plants in the rain gardens are also an important part of this process. They absorb some of the stormwater, helping reduce localized flooding. They also provide nectar, pollen, and habitat for wildlife. The gardens are planted with a variety of native species, including butterfly weed (pictured to the left), little bluestem, swamp sunflower, clustered mountain mint, hairy beardtongue, and eastern beebalm.

You can find a complete list of the plants in the rain gardens on the Stormwater Management page of our website, www.carlislepa.org.

2026 Fall Leaf Collection

Leaf Collection begins on Monday, October 12, and runs through Friday, December 4.*

- Leaves should be placed approximately one foot away from the curb or edge of the road.
- Leaves must NOT be placed within five feet of any parked vehicle, storm drain, or other obstacles.
- Biodegradable paper bags of leaves will still be picked up for those who prefer to use them.

**Leaf volume and weather uncertainties make it impossible to guarantee curbside collection on a specific day. Crews will follow trash collection routes as a general guideline, but deviations may occur.*

Consider Leafcycling

Leafcycling is an eco-friendly alternative to lawn maintenance that involves leaving shredded or mulched leaves on your lawn and in your garden beds.

Benefits Include:

- Reducing stormwater runoff
- Enriching the soil's nutrients by recycling nutrients
- Improving the lawn's root system, making your grass drought- and disease-resistant
- Reducing weeds in spring lawns





Homeowner Assistance Programs

Many programs are available to help pay for certain home repairs to correct residential code deficiencies of qualified homeowners. Items covered include: updating electrical wiring, heating systems, roof repair or replacement, insulation, doors, windows, siding, interior and exterior painting, chimneys, spouting, kitchens, bathrooms, foundation repairs, etc. Funding is available through the Borough's Community Development Block Grant (CDBG) and is in the form of an interest-free deferred loan. There is also assistance available to residents who must correct curb or sidewalk deficiencies.

AVAILABLE PROGRAMS

Owner-Occupied Rehabilitation: Provides up to \$20,000 in assistance to help property owners maintain their homes. This program pays for home repairs, focusing on those that correct code deficiencies.

Energy Assistance: Provides financial assistance to property owners for home improvements to increase energy efficiency. This is a grant-based program for low-to-moderate-income eligible homeowners.

Sidewalk Repair Assistance: Grant program that helps qualified individuals in the event their sidewalks need to be repaired.

Tree Removal & Replacement: Provides grants to low-to-moderate income property owners needing to replace Borough shade trees in front of their properties.

2026 HUD Income Limits (Subject to Change)

Household Size	1	2	3	4	5	6	7	8
Moderate Income	\$61,250	\$70,000	\$78,750	\$87,450	\$94,450	\$101,450	\$108,450	\$115,450
Low Income	\$38,300	\$43,750	\$49,200	\$54,650	\$59,050	\$63,400	\$67,800	\$72,150

**Learn more about these programs by visiting
www.carlislepa.org/assistance or calling 717-240-6930.**

Celebrate 275 Years With Us!

For 275 years, Carlisle has been a place where history has been made!

Founded by Scots-Irish settlers in 1751, Carlisle was established as the county seat of the newly created Cumberland County and named after Carlisle, England. Just over 30 years later, on April 13, 1782, it was officially incorporated as a borough.

Carlisle played a vital role in the American Revolution. The Cumberland Valley supplied food, weapons, equipment, and thousands of soldiers to the war effort, while the Carlisle Barracks served as a major supply depot for the Continental Army.

The Borough was also home to Founding Father James Wilson, a signer of the Declaration of Independence and contributor to the U.S. Constitution. Another legendary figure, Molly Pitcher, is honored with a monument in Carlisle's Old Graveyard for her bravery during the Battle of Monmouth. In 1794, President George Washington led nearly 14,000 militiamen through Carlisle during the Whiskey Rebellion, reinforcing the authority of the young federal government.



Carlisle continues to celebrate and preserve its rich history. The Cumberland County Historical Society shares more than 250 years of local history through exhibits, tours, educational programs, and special events. In 2004, Carlisle was named a Preserve America Community, and organizations like Historic Carlisle, Inc. continue to highlight the Borough's heritage through initiatives like the Wayside Markers program.

As Carlisle celebrates its 275th anniversary, we honor the generations of residents, businesses, volunteers, and community leaders who have shaped the Borough into the vibrant community it is today.

Here's to 275 more years!



Carlisle Borough's 275th Anniversary Carnival

**FREE
ADMISSION**
CANNED FOOD
DONATIONS
ACCEPTED

RIDES • GAMES • FOOD • LOCAL VENDORS • ANIMALS



Kids can win free
ride tickets and
food coupons!

SEPTEMBER 11 - SEPTEMBER 13



FRIDAY: 5 p.m. - 10 p.m.
SATURDAY: 11 a.m. - 10 p.m.
SUNDAY: 12 p.m. - 7 p.m.



25 Year Memorial on
Opening Day at 7 p.m.

177 Carlisle Springs Road

ALL CARNIVAL PROCEEDS BENEFIT THE CARLISLE FIRE DEPARTMENT

Preserving Carlisle's Historic Character

This article is the first in a series designed to help residents better understand the Historic District, the HARB's role, and when a project may require review.



One of the things that makes Carlisle special is its rich history.

From charming storefronts to historic homes, the Borough's architecture reflects more than 250 years of community heritage. Helping to preserve that character is the role of the Borough's Historic Architectural Review Board (HARB).

In 2025, the HARB reviewed 58 applications for work within the Historic District. Of those, 57 received the Board's recommendation before moving on to Borough Council for final consideration. Applications range from installing new signs and replacing roofs or porches to larger renovation projects.

The Historic District was added to the National Register of Historic Places in 1979



What is the Historic District?

Carlisle Borough's Historic District was established in 1979 to help protect and preserve the community's unique architectural, cultural, and historical heritage. Rather than preventing change, the Historic District helps ensure that improvements and new construction complement the character of the surrounding neighborhood.

What does the HARB do?

The Historic Architectural Review Board was created under Pennsylvania law to review certain exterior projects within the Historic District. The HARB reviews proposed work and makes recommendations to Borough Council.

The Board works with property owners to encourage appropriate preservation practices while helping maintain the historic character that makes downtown Carlisle and surrounding neighborhoods distinctive. The HARB's recommendations are advisory, and Borough Council makes all final decisions in accordance with Borough ordinances and state law.

Who serves on the HARB?

The HARB is made up of seven members appointed by Borough Council to serve four-year staggered terms. The Board includes individuals with backgrounds in architecture, construction, real estate, and historic preservation, as well as residents committed to protecting Carlisle's historic character.

Get Involved

HARB meetings are open to the public, and property owners are encouraged to attend when their projects are being reviewed. Whether you're planning a renovation or simply interested in learning more about historic preservation, you're welcome to attend and see the review process firsthand. Upcoming meeting dates, agendas, and other information are available on our website.



In future editions of the Borough Gazette, we'll take a closer look at the types of projects that require HARB review and offer guidance to help property owners navigate the process.

New SaveStation AED Installed at LeTort Park

With the help of a grant from WellSpan Health and discounted equipment provided by The Peyton Walker Foundation, the Carlisle Area Pickleball Association unveiled a new SaveStation automated external defibrillator (AED) at the LeTort Park pickleball courts in June.

The publicly accessible AED is available for use during a sudden cardiac arrest, helping ensure life-saving equipment is within reach when every second matters. When used alongside CPR, an AED can increase the likelihood of survival by as much as 75%.

The SaveStation provides simple voice prompts, making it easy for anyone to act quickly in an emergency.



American
Heart
Association.

According to the American Heart Association, 9 in 10 cardiac arrest victims who receive a shock from an AED in the first minute survive.

CHECKING IN WITH THE CARLISLE FIRE DEPARTMENT

Stay Fire Safe While Grilling

As the temperatures cool and fall barbecue season heats up, don't let safety take a back seat. The Carlisle Fire Department loves seeing familiar faces around town, but they'd prefer to meet you at a community event, not because of a grilling mishap!

- Propane and charcoal BBQ grills should only be used outdoors. Grills should be placed far enough away from the home, deck railings, eaves, and overhanging branches.
- Never leave your grill unattended. Keep children and pets at least three feet away from the grill area.
- Keep your grill clean by removing grease or fat buildup from the grill and the trays below it.
- If using charcoal, let the coals cool completely before disposing of them in a metal container.
- If you smell gas while cooking, immediately get away and call the fire department. DO NOT move the grill.

Volunteers are the Heart of the CFD



Did you know that the Carlisle Fire Department is almost entirely made up of volunteers? This makes their dedication to the safety of Carlisle even more remarkable.

The Carlisle Fire Department is always looking for new volunteers. Visit www.carlislepa.org/fire to learn more and complete an application.

Another great way to support the Carlisle Fire Department is by contributing to the Carlisle Volunteer Firefighters' Association's annual fundraiser. Your tax-deductible donation helps our volunteers maintain the equipment and training they need to continue protecting our community. You can donate online anytime at www.carlislefirefighters.org



Fall Registration (Sept-Dec)
Now Open!

Contact Information

Address:

Stuart Community Center
415 Franklin Street, Carlisle, PA 17013

Phone:

717-243-3318

Email:

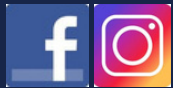
parksandrec@carlislepa.org

Website:

www.CarlislePA.org/REC

Office Hours:

Monday - Friday, 8:00 AM -5:00 PM
(closed for holidays - 9/7, 11/11, 11/26-27, 12/24-25)



@carlisleparksandrec

How to Register

Go Online—Walk In—Call In

Pre-registration is required for most programs.

Location

All recreation programs are held at the Stuart Community Center (415 Franklin St) unless otherwise indicated.

2026 Pool Season

OPEN UNTIL LABOR DAY 9/7

*Please note: The CCP is **CLOSED** when Carlisle School District is in session: 8/19-8/21, 8/24-8/28, 8/31-9/4. This is due to many of our staff returning to school.*

New Mural at



Tessa Boyer, a Girl Scout from Troop 11466, has brightened up the Carlisle Community Pool pavilion with a new mural! Tessa created the aquatic-life mural as her Gold Award project.

Tessa worked with local artist and muralist Aron Kylene Rook for about a year to bring the project to life. Because the project needed to include an educational component, she chose to focus on the life cycle of frogs.

The weather wasn't always on Tessa's side while she was painting. She worked through some of the hottest days of the year, with heat indices topping 100 degrees. Despite the challenging conditions, she persevered to create this vibrant splash of color for everyone to enjoy!





YOUR INPUT MATTERS!
Tell us how we can make
parks in Carlisle better

The **Carlisle Parks and Recreation Department** is developing a
Comprehensive Recreation, Parks, and Open Space Plan.

Your input is vital to ensure our community's vision for the future is reflected in the plan. Please take a few minutes to complete our online survey and let your voice be heard!

For more information, please visit www.carlislepa.org/parksurvey

SCAN THE QR CODE BELOW
TO TAKE THE PARK SURVEY



<https://arcg.is/HeuH00>



Bird-Friendly Habitat Program

The Pennsylvania Audubon Council, in partnership with Audubon chapters and Bird Town PA, invites you to join the Bird-Friendly Habitat Program!

The bird-centered recognition program is designed to engage, educate, and empower individuals to rethink yards, balconies, and community green spaces, turning them into functional habitats that are both beautiful for you and beneficial for birds.

To qualify for the Bird Habitat Recognition program and receive your yard sign, your property must have items from each of the four pillars of healthy habitats: **food, water, shelter, and nesting.**

We recognize that individuals seeking recognition for a small space, such as a patio or balcony, may offer alternative options for a bird-friendly habitat. Exceptions will be considered.

**Scan the QR Code
to apply!**





POUND® is the world's first cardio jam session inspired by the energizing and sweat-dripping fun of playing the drums. Using Ripstix®, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out. This is a full-body workout that combines cardio, conditioning, and strength training with yoga/Pilates-inspired movements. **Please bring a floor mat. Sticks will be provided.*

DAY	DATE	TIME	COST
THU	9/3 - 10/15 (no 10/1)	6:00 - 6:45 PM	\$60/R, \$66/NR
THU	10/29-12/19 (no 11/26)	6:00 - 6:45 PM	\$60/R, \$66/NR

Location: Carlisle Fire and Rescue, 177 Carlisle Springs Rd

Beginner Pilates (ages 18+)

Pilates is a total body conditioning practice that builds flexibility, strengthens muscles, and helps maintain and increase overall stability and balance. Within this six week session, expect to sculpt and tone your total body, specifically the abs, back, glutes, arms, legs. Additionally, Pilates integrates the mind/body connection making you feel your best! All exercises are performed with modifications that help to make your workout safe but also challenging for a person at any level.

Please bring hand weights if you have them, floor mat, and water.

DAY	DATE	TIME	COST
TUES	9/1 - 9/22	6:15 - 7:00 PM	\$31/R, \$36/NR
TUES	10/6 - 10/27	6:15 - 7:00 PM	\$31/R, \$36/NR

Beginner Barre (ages 18+)

Barre is a multi-dimensional workout that emphasizes ballet postures, pilates sculpting, and yoga mindfulness. Within this 4-week session, expect to sculpt and tone your total body, achieve better balance (core strength), and craft positive mind/body connections. All exercises are performed with modifications that help to make your workout safe but also challenging for a person at any level.

**Bring hand weights (1-2 lbs. per arm) if you have them, floor mat, and water bottle.*

DAY	DATE	TIME	COST
FRI	9/4 - 9/25	3:30 - 4:15 PM	\$31/R, \$36/NR
FRI	10/9 - 10/30	3:30 - 4:15 PM	\$31/R, \$36/NR

(ages 18+)

Intro to Ultimate Frisbee (ages 16+)

Ultimate frisbee is a field sport that combines the movement and athleticism of sports like basketball, soccer, football and lacrosse with a disc that you can bend through the air. Charlie Hoppes, a 2-time champion coach in the pro ultimate frisbee league, will teach you game rules, throwing, catching, cutting, defense, and strategies. No experience necessary! Whether you hope to play the sport at a higher organized level or want to impress your friends with cool throws at the next picnic, this 4-week program is for you.

NEW

DAY	DATE	TIME	COST
WED	9/9 - 9/30	5:30 - 7:00 PM	\$30/R, \$33/NR

LOCATION: Valley Meadows Park

Indoor Volleyball Leagues (ages 14+)

Men's and Women's Captain's Meeting:
Wednesday, September 23 @ 6:00 p.m.

Estimated Season: October - March, Playoffs in April

Soccer Open Gym (ages 14+)

Bring your soccer skills to the Community Center for some indoor pickup soccer games. All levels welcome. Registration is required to participate.

DAY	DATE	TIME	COST (per day)
TUE/TH	9/1 - 12/29	12:00 - 1:00 PM	\$1/R, \$2/NR

Intro to Stained Glass (ages 16+)

Discover the art of stained glass in this welcoming, beginner-friendly workshop. You'll learn the essential techniques of glass cutting, grinding, foiling, soldering, and finishing while creating your own stained glass corner spider web. With step-by-step instruction, all materials and tools are provided, and you'll leave with both a finished project and the confidence to continue exploring the craft of stained glass.

NEW

DAY	DATE	TIME	COST
WED	10/13	5:00 - 8:30 PM	\$80/R, \$88/NR

For full program offerings, visit
www.carlislepa.org/register.



Thursday, October 22nd
@ 7 p.m.

- Your entry **MUST** be decorated and in costume to participate in the parade. Drivers are the only exception.
- **NO CANDY THROWING** - WALKERS MUST HAND OUT.
- **NO** horn blowing, paper handouts, trick cars, violence, firearms, explosives, or flashing/swirling lights.
- Limited to 1 vehicle per entry (other than the car clubs/motorized vehicle group).
- No trailers over 30ft.

(Pre-registration only - Registration closes 10/20)



Thursday, November 19th
@ 7 p.m.

(Pre-registration only - Registration closes 11/17)

In Partnership with:



For more parade information, go to
www.CarlislePA.org/EVENTS

Trick or Treat

Saturday, October 31st
@ 6:00 - 8:00 PM

- Costumes should allow children to move, see, and hear easily.
- Walk on sidewalks and carry a flashlight.
- Children should be accompanied by a responsible adult.
- Please inspect all treats.



SHADE TREES

Carlisle's Shade Tree Commission promotes the planting and care of street trees to reap the aesthetic and environmental benefits of shade trees. Each year, Carlisle Parks and Recreation plants about two dozen free street trees for borough property owners, as funds are available. Sidewalk cuts are included. Late or excess applications will be considered for future plantings.

For more info + planting application:

www.CarlislePA.org/TREES



STREET TREE PLANTING

Application Deadlines:
 Spring — March 1
 Fall — September 1

Upcoming Downtown Events



The Downtown Carlisle Association has some great events planned for the rest of 2026! For more details, visit www.lovecarlisle.com.

August 29, 7-9 p.m.

2026 Corvette Parade, Park & Party!

September 26, 10 a.m. to 5 p.m.

44th Annual Harvest of the Arts

October 24, 12-3 p.m.

Spooky Saturday

November 14

Holiday Open House

December 5, 3-6 pm

Holly Jolly Jubilee & Tree Lighting

December 31, 6-9 p.m.

Hotchee New Year



We are transitioning to the ParkMobile App!

As of August 31, ParkMobile will be the only app for parking in the Borough.

The ParkMobile service offers several ways to pay for parking.

- Download the ParkMobile App from the App Store or Google Play.
- Use the mobile website: app.parkmobile.io
- Text "ParkCar1" or "ParkCar2" to 727563
- Call to Pay: 1-833-785-1205

Don't worry, you can still pay with coins at the kiosks and meters!



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